

Trinity Methodist Church

LINDEN, JOHANNESBURG



Prayer is the key of the morning and the bolt of the night.

2 August 2015

As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night will never cease.

Genesis 18:22

It was You who set all the boundaries of the earth; You made both summer and winter.

Psalms 74:17

Praise the Lord, O Jerusalem! Praise your God, O Zion!... He gives snow like wool; He scatters the frost like ashes. He casts forth His ice as fragments, Who can stand before His cold? He sends forth His word and melts them. He causes His wind to blow and the waters to flow.

Psalms 147:12-18

For as the rain and the snow come down from heaven, And do not return there without watering the earth And making it bear and sprout, And furnishing seed to the sower and bread to the eater; So will My word be which goes forth from My mouth; It will not return to Me empty, Without accomplishing what I desire. And without succeeding in the matter for which I sent it. *For you will go out with joy and be led forth with peace; The mountains and the hills will break forth into shouts of joy before you, and all the trees of the field will clap their hands.*

Isaiah 55:10-12

“Out of the south comes the storm, and out of the north the cold. From the breath of God ice is made, and the expanse of the waters is frozen.”

Job 37:9-10

you are invited to ***COME TO THE WELL*** if you are ill, stressed anxious, depressed, grieving or having to cope with various problems. ***‘The Well’*** is a weekly healing service, held every Thursday from 17h 45 to 18h30 at Trinity Methodist Church.

WE PRAY FOR:

JOHANN PRINSLOO (33) has passed away, pray comfort & peace for his family

ELSIE & LOUIS TRICHARDT were attacked in their home by 3 men; **Elsie** was kicked repeatedly in the face. **Louis** was shot in the stomach and had surgery to repair damage of colon, liver & kidneys. They are known to Wayne & Michelle Tippet.

COUSIN of Wayne & Michelle was due to get married this August. His fiancé collapsed and was rushed to hospital where she died from a brain aneurysm. We pray peace and strength for Wayne & Michelle and all their family at this very sad time.

BOB DOUGLAS (74 - Angela Wessel's dad) had an emergency op, last weekend, for a brain haemorrhage. Bob came through the op well and has recovered some of his mobility, he has been able to get out of bed and take one or two steps, but he now has to return to theatre to have fluid drained from his brain.

The neurosurgeon who was to carry out Bob's op was killed in a car accident by a drunken driver. He was 55 years old, a world class neurosurgeon & a real loss to the medical world. Please pray comfort & strength for his family.

HEATHER THOMPSON (John Simmonds sister) has been diagnosed with breast cancer. At the moment she is in England and feels far from home.

TREVOR BARTLETT (wife Anna Marie) has been diagnosed with colon cancer. He had a colonoscopy last Wednesday, the results of the biopsies will be through on Tuesday, with surgery on Friday.

DEIDRE STANDSFIELD is in hospital suffering with cancer in the hip. Her husband Jeff is a Deacon at St Thomas's church in Linden.

FRANCES SIMPSON had an op on Friday to unblock veins in her legs; hopefully this will help towards the healing of the ulcers on her legs.

BONOLO SHUPING (Society Steward at Trinity) has a problem with one eye & will have to undergo surgery on this eye.

WE CONTINUE TO PRAY FOR:

URSULA AND SON REESE desperately need accommodation. Ursula works 3 ½ days & half her salary goes into the shelter where they are currently living.

A LADY IN ONE OF THE HOME GROUPS is urgently in need of accommodation as her children can no longer pay for her accommodation.

MALINDI EDWARDS asked that we will join her in praying for a job, she has signed up with an agency for temporary work & hopes to get a permanent job in September.

TERRY (Maureen Dewberry's son in law) is recovering from a kidney op after a fall from the roof of a double story building.

HENRIETTA SMALL is now home after a few weeks stay in hospital; this was her third visit to hospital during the past few months. Pray full recovery.

JACO BARNARD (Rita Fergusson's son-in-law) is slowly recovering from surgery and is as well as can be expected at this present time.

MARTIN VD MERWE (wife Liz, daughter Karin Blackburn) is due to have his next chemo treatment on Thurs which makes him feel lousy for a few days. We pray that Martin & Liz will sell their house quickly as they are moving to Elm Park soon.

BRYAN TROMP is recovering at home after cancerous mass was removed from his hip.

BRIAN is suffering with leukaemia and is very ill, he needs our prayers

CHRONIC LIST: *Gloria McPherson* (emphysema), *Denese Pieterse* (severe pain), *Thembile* (back problems), *Anna Wadsworth* (90 - frail), *Woolf Schulze* (dementia), *Sean* (schizophrenia), *Reef* (USA - on-going problems), *Omar* (kidney problems), *Peter Clarke* (back problems), *Steven Basson* (Atrial fibrillation), *Lanie* (Marie Palmer's godchild - domestic problems), *Val Tyler* (heart fibrillation), *Louis Brugman* (heart problems), *Duncan Edwards* (stroke), *Pat Levins* (very ill), *Julian Squires* (skin grafts), *Audrey Newberry* (low blood pressure), *Sue* (hip replacement), *Sumi* (depression), *Harold Adams* (frail), *Miguel Moco* (13 - rugby injury), *Henrietta Small* (breathing problems), *Patti Price* (recovery from surgery), *Doug Cole* (frail), *Frances Simpson* (frail), *Zelma's sons* (home on bail), *Willa Retief* (frail), *Pat Mostert* (chronic heart problems), *Ella Waterston* (7 - chronic anxiety disorder), *Kate Waterston* (severe migraines), *Sebastian Msimang* (prostate), *Kerry* (severe back pains), *Grace Wilson* (fractured femur), *David* (heart problems), *Jean Thompson* (heart problems), *Tobias Steyn* (lungs & heart problem).

CANCER LIST: *David Edwards, Anton Marais, Nola Dodds, Hilda Louter, Val Warren, Dudley Middleton, Marguerite, Peter, Myrren* (18), *Diane Turner, Maureen Lupton, Martin vd Merwe, Russell Jones, Ursula Ryder, Lesley Steyn, Don Carneson, Louise Shaw, Brian K, John Sandison, Cindy Saunders, Marina van de Ruit, Brian Tromp, Elizabeth Innes, Greg Clevee-Edwards, Joanna, Joy, John Clarke, Bill Coulle, Rev Hans Visser, Colleen, Gordene, Lizelle Slabber, Stuart Dixon, Maureen Booth, Marie Vosloo, Nick Breytenbach* (leukaemia), *Elaine Orpen, Geoffrey Waters, Mykel, Brenda Hulshoff* (leukemia), *Ingrid Ingram, Clive Glover, Eric, Ulrich Bracht.*



Winter is a time of grey, velvet weather drifting towards us. It arrives on 'little cat feet' and curls itself around us like the fog. The weather is a friend if you make it one. I look forward to the grey, quiet time for solitude, contemplation, reading, long conversations with friends.

Colours are softer, sounds have more depth, and the pace is gentler. *Instead of resentment at the lack of sun, snuggle into the grey velvet quilt and make yourself a cup of tea.*

Every gardener knows that under the cloak of winter lies a miracle. . . a seed waiting to sprout, a bulb opening to the light, a bud straining to unfurl. And the anticipation nurtures our dream

Barbara Winkler

Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour. John Boswell

Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home. Edith Sitwell

SOME THOUGHTS ON WINTER

Winter is a lesson about the fine art of loss and growth. Its lesson is clear; There is only one way out of the struggle and that is by going into its darkness, waiting for the light, and being open to new growth.

Joan Chittister



In winter the heartbeat of the land slows to alpha pace, the eyes of this season are drowsy. Sleepy limbs of nature fold in upon themselves to rest during the months on inactivity. This is the period of dormancy when the extravagance of summer becomes a distant memory.

Winter is not the time for stretching and growing. It's the time for withdrawal and restoration of energy. The lessening of light and the increase of darkness are necessary ingredients for the earth's nourishment. They enable the fallow process to happen. Nature has been busy producing; now it's time to slow down and rest. Without this rest, soil wears out and loses its nutrients. All of creation needs some time to pause and have its spent energy renewed. So do humans. Winter offers this gift of essential renewal.

Winter is the season of waiting. It requires great trust and a willingness to believe that this angst will not last forever. Even though all appears dead and void of movement, there is quiet growth taking place. During the darkness, gestation occurs.

One winter morning I awoke to see magnificent lines of frost stretching across my window panes. They seemed to rise with the sunshine and the bitter cold outside. They looked like little miracles that had been formed in the dark of the night. I watched them in sheer amazement and marvelled that such beautiful forms could be born during such a winter-cold night.

Yet, as I pondered them I thought of how life is so like that. We live our long, worn days in the shadows, in what often feels like barren, cold winter, so unaware of the miracles that are being created in our spirits. It takes the sudden daylight, some unexpected surprise of life, to cause our gaze to look upon a simple, stunning growth that has happened quietly inside us.

Like frost designs on a winter window, they bring us beyond life's fragmentation and remind us that we are not nearly as lost as we thought we were, that all the time we thought we were dead inside, beautiful things were being born in us.

Joyce Rupp