

# Trinity Methodist Church

LINDEN, JOHANNESBURG



*Prayer is the key of the morning and the bolt of the night.*

**6 December 2015**

## **2<sup>nd</sup> SUNDAY IN ADVENT**

Nevertheless, there will be no more gloom for those who were in distress. In the past he humbled the land of Zebulon and the land of Naphtali, *but in the future he will honour Galilee of the Gentiles, by the way of the sea, along the Jordan.*

*The people walking in darkness have seen a great light;  
On those living in the land of the shadow of death a light has dawned.*

***For to us a child is born  
To us a son is given,  
And the government will be on his shoulders.  
And he will be called Wonderful Counselor, Mighty God,  
Everlasting Father, Prince of Peace.***

Of the increase of his government and peace  
There will be no end.  
*He will reign on David's throne and over his kingdom,  
Establishing and upholding it with justice  
And righteousness  
From that time on and forever,  
The zeal of the Lord Almighty will accomplish this.*

Isaiah



If you are ill, stressed anxious, depressed, grieving or having to cope with various problems. **'The Well'** is a weekly healing service, held every Thursday from 17h 45 to 18h30 at Trinity Methodist Church.

**PLEASE PRAY FOR:**

**DE VAAL FAMILY** – Ian lost his mom (Freda, 91 years) on Sunday morning.

**MEGHAN EURELLE** (Lesley Vieler's friend) after a long battle with colon problems her colon was removed last Sat. There were complications after surgery. Pray for healing at all levels – it has been a traumatic time for her and her family.

**MAURICE ADAMS** suffering with back pain, x rays show muscle spasm and degenerative changes. He needs to rest, continue with physio and if necessary will have to have an MRI

**KOTIE and CHILDREN** – struggling to adjust after a recent divorce, we pray that her ex-husband will honor his commitments.

✠ **PAT BLACK** – had a burglary plus other problems, pray God's guidance for her.

✠ **ELLA** – struggling with increased anxiety – pray for a sense of peace and calm.

**WE CONTINUE TO PRAY FOR:**

**SARAH BROWNE** we pray for her full recovery after a hysterectomy on Thursday, 3<sup>rd</sup> and for her children while she is in hospital.

**LEANNE** (husband Darren, daughter Jamie-Lee) Her family sees her recovery as a miracle, no more swelling on the brain & no need for a shunt. Leanne is now home and has been told to rest. We give God all the glory for His healing.

**GLEN** (Laurie Drake's sister) has started radiation and chemo, we pray for a good response to the treatment and for her family who are supporting her.

**BRIDGIT** there is an improvement after a very traumatic time – pray for continued healing and strength for all family members supporting her.

✠ **KUMO** is suffering with endometriosis, please pray for healing.

✠ **GARRON** may he be conscious of the love of Jesus touching and guiding him.

✠ **JENNY** suffered a setback but is showing signs of improvement, pray for healing.

✠ **MARION JOUBERT** thanks for prayers, she is recovering at home.

✠ **AUDREY NEWBERRY** is still in hospital.

✠ **FLORENCE OTIENO** may our Lord open the door to a new position for her.

✠ **KATE WATERSTON** Her medication has been increased, may this bring healing.

✠ **BRENDA** We continue to pray as she waits for the histology results.

✠ **FATHER IKE & RUTH** thanks for prayers, we continue to pray for the family.

✠ **RON EDMUNDS** is now at Serenity home & has stabilized, thanks for prayers.

✠ **CORRIE JURGENS** is struggling with pain & will see doc in January.

✠ **CRAIG HART** we pray that he is successful in selling his business.

✠ **MIKE RYCROFT** – The skin graft has taken, we pray for healing and patience.

**CHRONIC LIST:** *Gloria McPherson* (emphysema), *Denese Pieterse* (severe pain), *Thembile* (back problems), *Anna Wadsworth* (90 – very weak), *Woolf Schulze* (dementia), *Sean* (schizophrenia), *Reef* (USA - on-going problems), *Omar* (kidney problems), *Peter Clarke* (back problems), *Steven Basson* (Atrial fibrillation), *Lanie* (Marie Palmer's godchild - domestic problems), *Val Tyler* (heart fibrillation), *Louis Brugman* (heart problems), *Duncan Edwards* (stroke), *Pat Levins* (very ill), *Julian Squires* (skin grafts), *Audrey Newberry* (low blood pressure), *Sue* (hip replacement),

*Sumi* (depression), *Harold Adams* (frail), *Miguel Moco* (13 - rugby injury), *Henrietta Small* (breathing problems), *Patti Price* (recovery from surgery), *Zelma's sons* (home on bail), *Ella Waterston* (7 - chronic anxiety disorder), *Sebastian Msimang* (prostate), *Kerry* (severe back pains), *David* (heart problems), *Jean Thompson* (heart problems), *Tobias Steyn* (lungs & heart problem), *Bishop Peter Witbooi* (back problems), *Bob Douglas* (VP shunt), *Frances Simpson* (broken hip), *Slade Hodge* (motorbike accident), *Elaine Vermaak* (in pain), *Jancsi* (missing), *Jean & Doug Cole*, *Baby Bella*, *Denise Hill* (fracture of pelvic bone), *Madeleine* (unemployed & depressed), *Greg & Rebecca* (difficult times), *Daphne Schrieder* (broken pelvis), *Kerry* (leg problem), *Fleurette Poultney* (low blood pressure), *Trevor*, *Wayne* (AIDS), *Jenna* (juvenile arthritis).

**CANCER LIST:** *David Edwards*, *Anton Marais*, *Nola Dodds*, *Hilda Louter*, *Val Warren*, *Dudley Middleton*, *Marguerite*, *Peter*, *Myrren* (18), *Diane Turner*, *Maureen Lupton*, *Martin vd Merwe*, *Russell Jones*, *Ursula Ryder*, *Lesley Steyn*, *Don Carneson*, *Louise Shaw*, *Brian K*, *John Sandison*, *Cindy Saunders*, *Marina van de Ruit*, *Brian Tromp*, *Elizabeth Innes*, *Greg Clevee-Edwards*, *Joanna*, *John Clarke*, *Bill Coulle*, *Rev Hans Visser*, *Colleen*, *Gordene*, *Maureen Booth*, *Marie Vosloo*, *Nick Breytenbach* (leukaemia), *Elaine Orpen*, *Mykel*, *Brenda Hulshoff* (leukemia), *Ingrid Ingram*, *Clive Glover*, *Eric*, *Ulrich Bracht*, *Brian* (leukemia), *Jaco Barnard*, *Deidre Standsfield*, *Nan Tippett*, *Trevor Bartlett*, *Terry*, *Michael De Roos*, *Heather* (John Simmonds sister), *Chris Matthews* (B cell lymphoma), *Everard*, *Marjorie Baird*, *Rhona*, *Joy vd Klis*, *Chantelle*, *Rob Densham*.



*Heavenly Father, Lord of light, who sent Your Son at Christmas to transform the world... let Christmas change me too.*

*Let the images, the sounds, the meanings of the season penetrate deep into my soul and make me different. Make me a little more patient. A Lot more caring & a lot more determined to let Your light shine through me.*

*Let the bright reality of Christmas make me bigger - my mind more open to possibilities, my heart more creative, my dreams more compelling, and my energies devoted more to others and less to self.*

*Let Christmas make me smaller, too – more humble, more mindful of who I am and who God is...but also of what God can do with something small. Make me less grandiose, less self-important. Keep my spirit small as the tiniest infant in a manger.*

*Most of all let Christmas light a fire of love in me, shining, unmistakable warmth that will be apparent to all who see me. Set me alight with both passion and compassion – for those close to me and for a world in need. Now in this season when the transforming light of Christmas changes everything, make me something beautiful and bright and miraculous.*

*You who make all things new, spark a new light in me*

*Light of the world; show me how to make my own light shine - Thomas Kinkade*

## AN ADVENT REFLECTION

We are now in the second week of Advent, a period of renewed attentiveness, readying minds and hearts to receive in a fuller way the divine love sent in the gift of Jesus.

*Advent requires a quieting of the aggressive hurry that stalks and stomps on our awareness.* The Beloved One who came and dwelt among us remains in our midst. A keen alertness recognizes this Loving Presence. We can lose our view by becoming overly-absorbed in the to-do list, the maze of social events, gifts to purchase, and countless messages being sent and received.

*Unless we pause, we miss what is of greatest value, the giftedness of each day, the presence of another's goodness, the small yet significant touches of care and kindness that come our way.* Like quickly disappearing wings in the woods, the spirit of the One Great Love moves through the moments of our lives. ***What if we are not paying attention?***



## ADVENT PRAYER

***Holy One,***  
awaken my heart,  
quiet my mind,  
open the door of my being  
to perceive your presence.

Settle what stirs endlessly within me.  
Quiet the voice of haste and hurry.  
Awaken my inner senses to recognize  
your love hiding beneath the frenzy.

Enfold me in your attentiveness.  
Wrap a mantle of mindfulness  
around every part of my days.  
*I want to welcome you with joy  
and focus on your dwelling place.*

Abundant peace. *Joyce Rupp*