

I AM

I am loved...I am hated.
I am joy anticipated.
I am instruction to the wise.
I am that which fools despise.

I am knowledge on the lips of few.
I am understanding which the diligent pursue.
I am the way which is often rejected.
I am the hedge of those protected.

I am your strength in times of adversity.
I am your peace in the midst of tragedy.
I am the crooked, made straight.
I am the reward of those who wait.

I am shelter in your pouring down rain.
I am He who is able to keep you sane.
I am the hand on the surgeon's knife.
I am the very hand that saved your life.

I am the wind that encompasses your soul.
I am the only one who can make you whole.
I am the river flowing toward your drought.
I am He who breaks shackles with a shout.

I am the book of Genesis through Revelation.
I am the only hope of your salvation.
I am the First and the Last.
I am the Father, the Son, the Holy Spirit...all in one cast.

Who am I? I will tell you, even as I told Moses
I AM THAT I AM.



Trinity Methodist Church LINDEN, JOHANNESBURG



Prayer is the key of the morning and the bolt of the night.

6 July 2014

Dear friends

*let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God because God is love. This is how God showed His love among us: **He sent His one and only Son into the world that we might live through Him.***

*This is love: **not that we loved God, but that HE loved us and sent His Son as an atoning sacrifice for our sins.***

*Dear friends, since God so loved us, we also ought to love one another. No one has ever seen God; but if we love one another, **God lives in us and His love is made complete in us.***

GOD IS LOVE. *Whoever lives in love lives in God, and God in him. In this way, love is made complete among us so that we will have confidence on the Day of Judgment, because in this world we are like Him. **There is no fear in love.** But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.*

And He has given us this command: whoever loves God must also love his brother.

1 John 4:

selected

PLEASE PRAY FOR:

ELWYN DYER (93) had a bad fall on Saturday 28 June and broke his hip. They operated on Sunday 29 June. He has started physiotherapy and will go home when he is more mobile.

ELIZABETH INNES was rushed to hospital on 1st July. She is in High Care as she has an inflammation / infection which needs attention. They won't operate on her hip until she is better.

NITSA (Venetia Joannou's sister) admitted to hospital in Durban for a nervous condition and depression. Pray for recovery.

WE CONTINUE TO PRAY FOR:

VINNIE SPEARS came out of hospital a week last Friday, she is now at home and is receiving home based physio and part time day care. Getting her strength back slowly.

TERENCE WATERSTON improving nicely; the operation was a huge success. Thanks to everyone for their prayers.

MANDY CAULDER has been diagnosed with gout.

NEL GARDNER is much better & went back to work a week ago. She is preparing to emigrate to the UK.

GOETZ has improved slightly but still very weak. It will be a long road to recovery.

CHERYL SINGE is doing well, hoping to go back to work on Monday. She will get a lift.

DAPHNE TROLLIP had a very bad fall 3 weeks ago, badly damaging & bruising her face. We hold her to our Lord praying for a speedy recovery.

WARREN AND FAMILY Warren has 3 young children & his wife is about to deliver their 4th child. We pray for a safe delivery, a healthy baby and peace and joy for the whole family on the birth of this new addition to their family.

MAUREEN DEWBERRY has to take it easy was seeing the heart specialist last week.

CLAUDIA GOLIATH has had the lump removed from her breast and is back home.

YOUTH PASTOR please be in *urgent* prayer that a suitable person will soon be found & employed so that the essential work of pastoring youth within Trinity can continue.

JOY VD KLIS & Willem are at the coast, we pray continued healing on her.

CANCER LIST: *Gordon Bennett, David Edwards, Anton Marais* (Sydney), *Lee Barnes, Nola Dodds, Tracy Hoy* (UK), *Hilda Louter, Val Warren, Dudley Middleton, Marguerite, Peter, Myrren (18), Diane Turner, Maureen Lupton, Martin vd Merwe* (Karin Blackburn's dad), *Joy vd Klis, Jean Clarence, Rebecca Owens* (bone marrow transplant), *Daniela Andrade (7), Estelle, Russell Jones, Ursula Ryder, Lesley Steyn, Verna, David Edwards* (UK), *Elma, Doh Carneson, Louise Shaw* (Texas), *Brian K, John Sandison, Claudia Goliath, Nic Breytenbach* (MSD Leukemia).

CHRONIC LIST: *Denese Pieterse* (back problems), *Dave* (Guillain Barre Syndrome), *Emmanuel Thavhiwa* (difficult times), *Elaine Vermaak* (osteoporosis), *Rolene* (cellulitis), *Craig Hart* (sleep apnea), *Moirra Smith* (hiatus hernia), *Brian & Eva Humphreys* (Eva's recovery), *Maureen Dewberry* (heart problems), *Alison* (spinal problems), *Illia & Graham* (UK), *Rodney* (very weak), *Diana Viljoen's Mom* (stroke), *Harold* (very tired), *Mike & Helen Urban* (ill health), *Mushe Roos* (brain surgery), *Colleen Hunter* (brain op), *Christiaan Vermeulen* (heart surgery), *Noelle Marshall* (eye problems), *Deon* (facial surgery), *Nora Swart* (colon surgery), *Susanne* (stroke), *Fiona* (broken foot), *Mavis* (Hip op) & *Ron Edmunds, Duncan Edwards* (rare disease), *Ellmine Caroline* (frail), *Moirra* (heart), *Noelle Marshall* (leukemia), *Louise Combrink* (nervous breakdown), *Shirley Williams* (chronic), *Sue Edwards* (slipped disc), *Jenny Dembovsky* (needs employment), *Rolene, Heather Seymour* (emphysema), *Nic Swart* (stroke).



I Refuse to be discouraged, to be sad or to cry
I Refuse to be down-hearted and here's the reason why
I have a GOD who's Mighty, who's Sovereign and Supreme

HE is all Wise and Powerful, JEHOVAH IS HIS name
Though everything is changeable, my GOD remains the same
My GOD knows all that's happening, beginning to the end
HIS Presence is my comfort, HE is my ***"DEAREST FRIEND"***

When sickness comes to weaken me, to bring my head down low,
I call upon my Mighty GOD, into HIS arms I go.
When circumstances threaten to rob me of my peace,
HE draws me close unto HIS breast, where all my strivings cease.

When my heart melts within me, and weakness takes control,
HE gathers me into HIS arms, HE soothes my heart and soul.
The great "I AM" is with me, my life is in HIS hand;
The "GOD OF JACOB" is my Hope, it's in HIS strength I stand.