



Soul-Rest Through God's Grace

Have you ever tried to please someone, only to realize the rules keep changing? You play a happy tune, and they refuse to dance. You play a mournful song, and they refuse to cry.

Jesus diagnoses this exact kind of stubborn frustration in the people of His day. No matter what God did—critics found a reason to complain and reject the message.

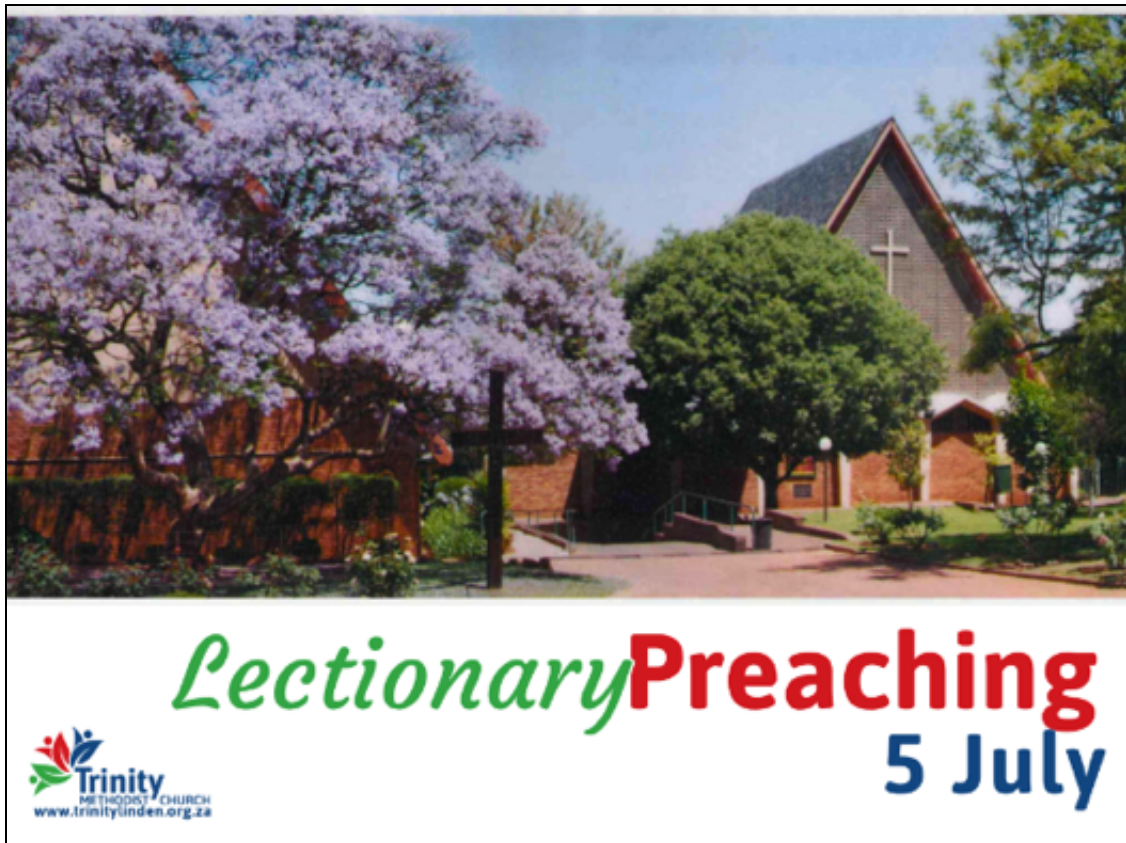
People often reject both the strict boundaries (discipline) and the invitations to joy (freedom) simply because it requires them to adapt. This "damned if you do, damned if you don't" mentality stems from a desire to control others rather than engage with the truth of the situation.

Are we not the same in our own religious and cultural landscapes, where we exhaust ourselves trying to keep up with impossible standards, endless expectations, and the heavy burdens of our own making.

Good news: God wants to move us from spiritual exhaustion to soul-rest

through Christ's grace.

See you on Sunday!



If you're planning to join us this week, these are the preachers and services you can look forward to:

7.30am Church | Traditional Service *with Holy Communion*

- Londeka Mabaso

9.30am Church | Fusion Service *also live-streamed*

- Londeka Mabaso

9.30am Chapel | Connect Service

- Brett Mordaunt

11.30am Church | Kopanang Service

- Thandukwazi Gcabashe and Nomphele Fihla

6.30pm Chapel | Home Service

- Brett Mordaunt

After all our services there will be someone available to pray with you.

All our services are family friendly. All are welcome. Who are you inviting?

[Find our Sunday 5 July 9.30am Fusion Service livestream here](#)

All our livestreams remain available on YouTube as videos after our services. You can access them on our YouTube channel at any time using this link:

[Trinity's YouTube Channel](#)

[Lectionary Preaching Series Info and Links](#)

Lectionary Readings

This Sunday - 5 July

Ordinary Time

Genesis 24:34-38, 42-49, 58-67

Psalms 45:10-17

Romans 7:15-25a

Matthew 11:16-19, 25-30

Next Sunday - 12 July

Ordinary Time

Genesis 25:19-34

Psalms 119:105-112

Romans 8:1-11

Matthew 13:1-9, 18-23



Upcoming Events

TODAY

Divorce Support Group

Our Divorce Support Group meets every second week.

Thursday 2 July | 6.30pm to 8.30pm



All are welcome! You do not have to be a member of Trinity to join us!

CIA Cancer Support Tea

Our Christians in Action Cancer Support Tea happens again in July, and there will be a guest speaker.

Saturday 4 July | 11.00am to 1.00pm

This is open to any people living with cancer and family members. You do not have to be a member of Trinity to join us.



Mens' League

You are invited to join us for our men's ministry at any time! We meet every second Saturday morning.

Saturday 11 July | 7.00am to 9.00am



Thriving Wellness Group

Our Wellness Group – Mind. Body. Soul – is meeting again. *Please note the date change.*

Sunday 19 July | 3.00pm to 5.00pm

All are welcome. You do not have to be a member of Trinity to join us.



We have a new name for our Mental Health Support Group and are now calling ourselves 'Thriving Wellness Group'.

You are invited to join us as we look further at the work of Caroline Leaf, particularly her use of a tool – the Neurocycle – for managing toxic thought patterns and anxiety.

Market Sunday

Our next Market Day will be after our morning services in July.



Sunday 26 July | Before and after the 9.30am services

If you would like to have a table, please contact Nomphele in the office on 011 888 1740 or at reception@trinitylinden.org.za

Prayer and Care Training

What is helpful for us to know about Trauma when we support others? What skills can we teach others to better cope with stress and trauma?

Ukweseka abantu abake bahlupheka ngenxa yezigameko ezinzima.

Sunday 26 July | 2pm to 5pm

This is open to all. Please join us!

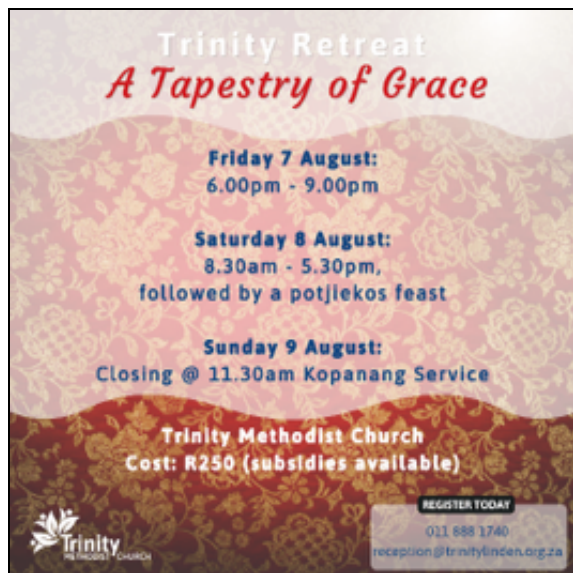


Trinity Retreat – A Tapestry of Grace

Registration is open for our Trinity Retreat.

Our theme is 'A TAPESTRY OF GRACE', based on 1 Corinthians:12:12–14.

Place: Trinity Methodist Church
Cost: R250 (Subsidies available)



Friday 7 August: 6.00pm to 9.00pm.

Saturday 8 August: 8.30am to 5.30pm, followed by a potjiekos feast.

Sunday 9 August: Celebratory closing service at the 11.30am Kopanang service.

All are welcome – children and youth are also invited! You do not have to be a member of Trinity to join us.

Old Testament Survey Course

Module 4 of the Old Testament Survey Course covers the Major Prophets – Isaiah, Jeremiah, Lamentations, Ezekiel to Daniel.

Tuesday 4 August | 6.30pm

All are welcome. You do not have to have attended any previous modules to join us.



Divorce Care Course

Our next Divorce Care course starts in August, and runs for 13 weeks.

Thursday 6 August | 6.30pm to 8.30pm

The cost of R250pp includes your



manual.

All are welcome. You do not have to be a member of Trinity to join us.

We welcome those currently facing or still healing from a divorce or separation. This will be a safe space in which to gain support and strength to assist with this process.

Some of the weekly themes are: deep hurt, road to recovery, anger, grief & depression, loneliness, financial & legal issues, and so much more!

You can find more information and registration here: <https://find.divorcecare.org/groups/296481>

Table Talk Farina

Save the date: our next Table Talk evening will be held at Farina Restaurant, across the road from Trinity, on Wednesday 19 August.

More information to follow.



At Trinity we celebrate our young people.

This is where you are invited to join us this weekend:

GroovyCrew | Friday Night Kids – Gr 0 to Gr 7

Our GROOVYCREW Friday Night Children's Ministry is on a break!

We will meet again on Friday 24 July.

Enjoy your holidays!



Thrive | Friday Night Youth – Gr 8 to Gr 12



Our Thrive Friday Night Youth Ministry is on a break!

We will meet again on Friday 24 July.

We look forward to seeing you in church every Sunday.

The Gathering – Young Adults

Our 'The Gathering' Young Adults are on a break.

We will meet again on Friday 24 July.



Sparkling Kids Club | Sunday Morning Kids – Age 2 to 13



Join us on **Sunday 5 July | 9.30am** for Sparkling Kids Club.

For the school holidays we meet outside the chapel for worship, followed by games, crafts, and fun!

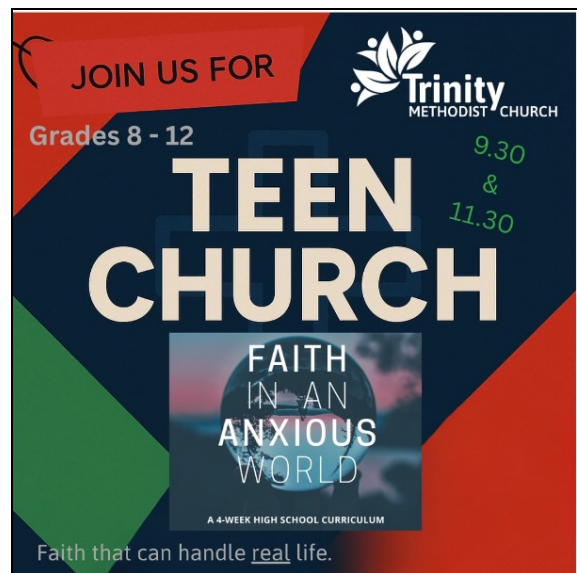
All are welcome!

Sunday Morning Teen Church – Gr 8 to Gr 12, & Sunday Morning Kopanang Teens – Gr 8 to Gr 12

Our 11.30am Teen Church is on a break.

The 9.30am Teen church is meeting socially – keep an eye on the Youth WhatsApp group for details.

Our normal schedule will resume on
Sunday 26 July.



Sunday Morning Kopanang Kids – Ages 2 to 13



You are invited to join us for
Kopanang Kids on **Sunday
Morning 5 July at 11.30am** during
the Kopanang service.

All are welcome!



Save the Dates

The logo for 'Save the Dates' features a stylized graphic of three human figures in red, green, and blue, with their arms raised, positioned above the text 'Save the Dates' in a bold, blue, sans-serif font.

What is coming up at Trinity Methodist Church Linden?

- * Thursday 2 July – Divorce Support Group
- * Friday 3 July – NO Friday Evening Children & Youth. Restarts 24 July.
- * Friday 3 July – NO 'The Gathering' Young Adults. Restarts 24 July
- * Saturday 4 July – CIA Cancer Support Tea

- * Wednesday 8 July – NO Seniors
- * Friday 10 July – NO Friday Evening Children & Youth. Restarts 24 July.
- * Friday 10 July – NO 'The Gathering' Young Adults. Restarts 24 July
- * Saturday 11 July – Mens League
- * Thursday 16 July – Divorce Support Group
- * Friday 17 July – NO Friday Evening Children & Youth. Restarts 24 July.
- * Friday 17 July – NO 'The Gathering' Young Adults. Restarts 24 July
- * Sunday 19 July – Thriving Wellness Group (note date change)
- * Sunday 31 May to 19 July – [Lectionary Sermon Series](#)
- * Tuesday 19 May to 28 July – Duke Student: Audra Marchese
- * Friday 7 to Sunday 9 August – Trinity Weekend Retreat
- * Friday 24 July – Friday Evening Children & Youth restarts
- * Friday 24 July – 'The Gathering' Young Adults restarts
- * Saturday 25 July – Mens League
- * Sunday 26 July – Prayer and Care Training
- * Thursday 30 July – Divorce Support Group
- * Friday 31 July – Friday Evening Children & Youth restarts
- * Friday 31 July – 'The Gathering' Young Adults restarts
- * Tuesday 4 August – Old Testament Survey: Module 4
- * Thursday 6 August to 5 November – [Divorce Care Course](#)
- * Wednesday 19 August – Table Talk: Farina

All Trinity services and events are open to all. You do not need to be a member of Trinity to attend. Who are you inviting?



ReachOut – Soccer Ball Collection

A challenge from Allyson:

If you buy for more than R650 from Spar including 3 qualifying products, and swipe your Spar rewards card, you get a free soccer ball.

We'd like to ask those people who shop at Spar and get a soccer ball to please donate them to us for our various outreach initiatives. The offer

continues to 7 July, so if people get a ball every other week or so when doing their shopping, we could have a good number to share.



We are praying for...

Our prayer for South Africa during the national anti-illegal immigration protests should focus on peace, the protection of human dignity, and the rule of law. You're free to pray as the Spirit leads you.

As the nation navigates heightened tensions and demonstrations against undocumented foreign nationals, we appeal for peace. Let's pray for peace and solidarity. God calls us to reject violence, any destruction of property and vigilantism. We pray for the protection of human dignity, and prioritise constructive dialogue.

Lord, we lift up South Africa and all who live within its borders. We pray for calm in our streets and wisdom for our national and community leaders. As the country grapples with deep economic pressures, unemployment, and immigration tensions, guide us away from division and toward understanding. Protect the vulnerable, uphold the rule of law, and let compassion, justice, and peace prevail across every community.

Lord, we ask that you protect the vulnerable and guide our government leaders, law enforcement officers, and community stakeholders as they navigate these complex challenges. Grant them the wisdom to uphold the rule of law, maintain order, and ensure the safety of every single person.

Amen.

We're praying for...



**...policing that protects all
and restores trust**



We hold in our hearts those who are grieving the loss of...

Elizabeth Ann Grieg. Service details TBC.

Dolphine Jaulanne Hughes. Service took place on Wednesday.

Valerie Agnes Oberholzer. Service is on Saturday 18 July, 2.00pm.

Sonia Pitout. Service details TBC.

May you find rest and peace in God's presence.

The Wool Bank Is Still Here

For those who would like to carry on knitting for ReachOut, the wool will be available **only in the Church foyer** every Sunday, from 8.00am to 12.00pm.

These items will go to stocking our Winter Warmers Box for next winter.

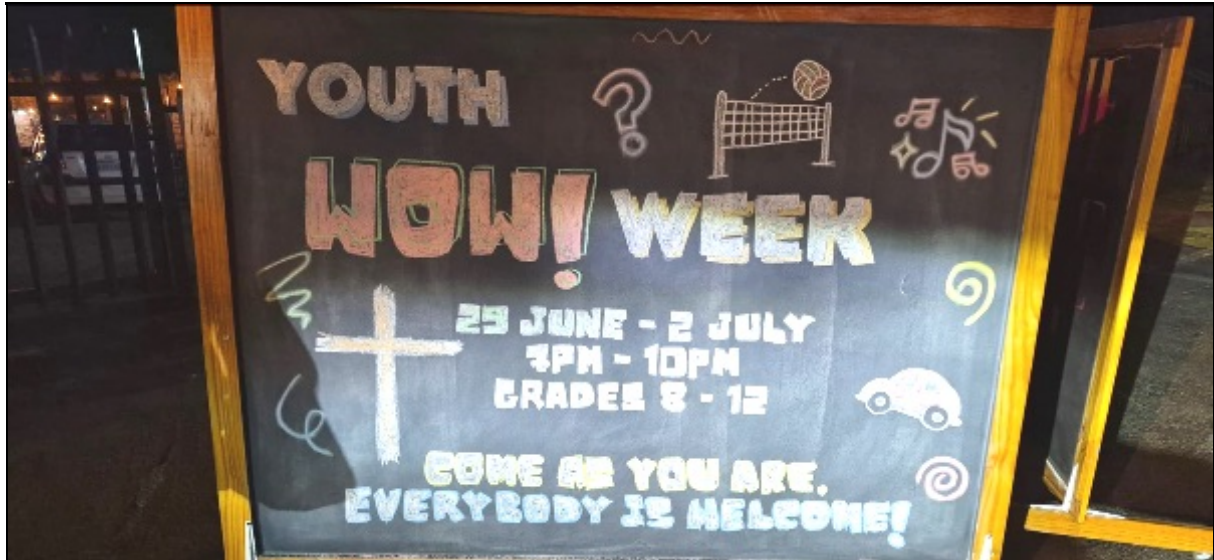
- Please take **one - three balls only**, to leave enough wool for others till the end of the project.
- Return the finished article asap.
- SIGN OUT and SIGN IN your wool/article(s) on the clipboard available.

BEANIES *MITTENS*** SCARVES**



Youth WOW! Week

Tuesday Games Night

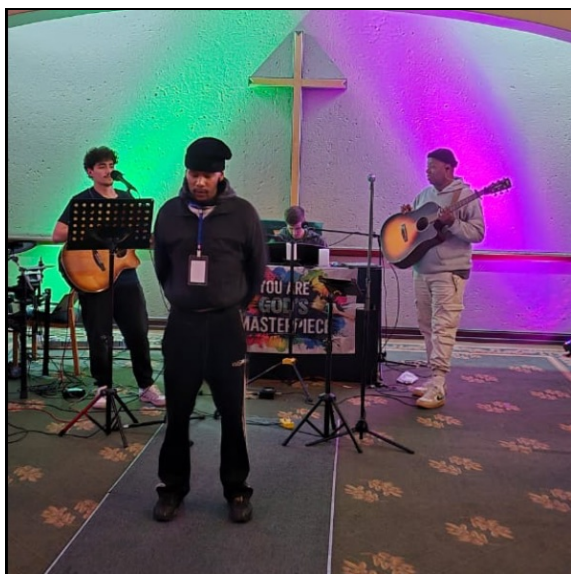


After months of planning and hard work, our Youth WOW! Week is almost over!

On Monday there was Quiz night, and on Tuesday there was Games Night, and there was much fun and laughter.



Wednesday Worship Night



Thank you!

Our Handy Man, Geoff Slade, is always so willingly fixing stuff on our campus. Here Marjorie Cloete captured him repairing the latch on a cupboard in the kitchen.

Trinity is blessed with amazing volunteers!



Caption this pic...



Trinity makes boys into men!

Society Stewards, Hilton Rens and Warrick Fitzpatrick, showing us at last week's new members meeting how being a Trinity member matures you :)

Photo credit: Audra Marchese




Would you prefer to receive this newsletter via WhatsApp?

Would you like to receive Trinity's weekly updates via WhatsApp?

✔ **Step 1:** Save 071 089 9694 as a contact on your phone. Call it 'Trinity WhatsApp'. Or scan this QR code

✔ **Step 2:** Send a WhatsApp message with 'Correspondence' & Your Name to 071 089 9694

 *Stay informed.
Stay connected.
Sign up today!*



Want to stay in the loop with what's happening in the life of our church?

Get our weekly newsletter straight to your WhatsApp – it's the easiest way to stay updated with upcoming events, special services, and what's new in our community.

Here's how to join:

1. Send us a WhatsApp message that says "Please add me" + your name to 071 089 9694.
2. Very important! Save that number in your contacts – otherwise, WhatsApp won't deliver the messages.

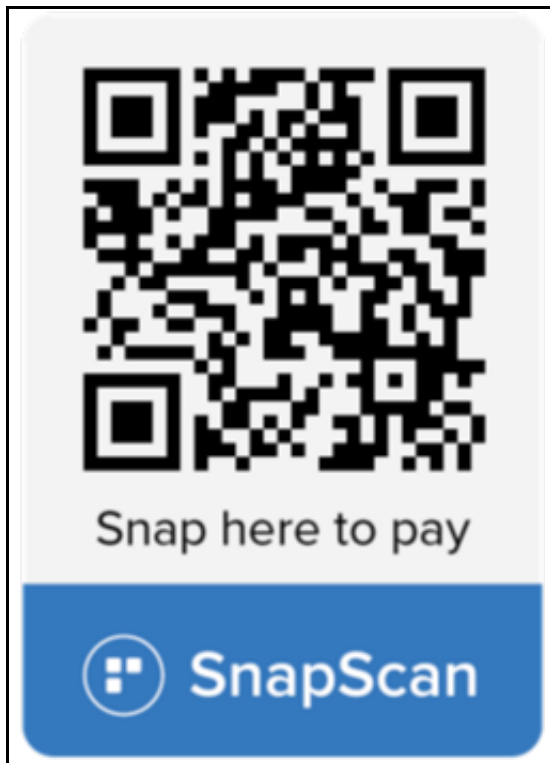
We'd love to stay connected with you – but you can unsubscribe at any time!

Sacrificial Giving

Trinity Banking Details

Methodist Church of Southern
Africa – Trinity Society
Standard Bank
Cresta Branch: 05-10-01
Account no: 200111760

You can learn all about sacrificial



giving on our website here:

<https://www.trinitylinden.org.za/church-life/giving/>

Recent Sermons

Did you miss last Sunday's service? Or would you like to hear it again? Would you like to share it with a friend?

You can find our past sermons in video or audio format, and the series booklets, by clicking on the link to our website here:

[Find Our Past Sermon Series Videos, Audios, and Booklets Here](#)

[Find Our Video Services On YouTube Here](#)

Pastoral Staff

[John Wessels](#)

- Reverend

[Londeka Mabaso](#)

- Reverend

[Brett Mordaunt](#)

- Lay Pastor

[Bronwyn Delport](#)

- Youth & Young Adults Pastor

[Ally Senyard](#)

- Children & Young Families Pastor

[Angela Wessels](#)

- Care and Counselling

Connect With Us

Office:

Phone: 011 888 1740

WhatsApp: 071 089 9694

info@trinitylinden.org.za

Website:

<http://www.trinitylinden.org.za/>

Care and Counselling Centre:

Phone: 011 782 0367

pastoral@trinitylinden.org.za

Care Requests:

WhatsApp: 068 538 7554

care@trinitylinden.org.za

Our Address

You can find us on the corner of 5th Ave and 5th St, Linden, Johannesburg.

[You Can Find Us On Google Maps Here](#)

Engage With Us On WhatsApp and Social Media



You can find us on social media! Please like, follow, share, tag us, and engage. We are on Facebook, Instagram, and YouTube. You can find us by clicking on the icon above.

Trinity Bulletin

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